

1 (LOGO)

BEND TO MEND

Physical Therapy

3 BOOK

(206) 334-1824

social social social

2

ABOUT CARRI THERAPIES BOOK APPT PATIENT SERVICES BLOG CONTACT

4 (INTRO PHOTO)

5

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NEW PATIENT

Vivamus ligula enim, malesuada ac feugiat sit amet, consequat non dui pulvinar magna.

Medical Form

6

HOLISTIC HEALING APPROACH

Aliquam lobortis, purus sit amet molestie vulputate, orci mauris efficitur orci, eget scelerisque enim leo malesuada nulla. Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullamcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies. Aenean tempus est in lorem suscipit etim porttitor. In cursus nunc turpis, id ullamcorper er euismod quis. Vivamus vitae euismod sem. Maecenas sit amet pulvinar magna.

7

Request an Appointment

8

Connect with Bend To Mend

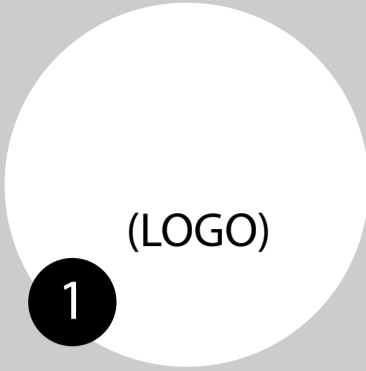
social social social social

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Annotations

1. Bend To Mend Logo (clickable link)
2. Main Nav with sub nav
3. Link to Book / live phone number / Social Links
4. Introduction Photo
5. Short Bio
6. Medical Form CTA
7. Healing Approach / Request Appointment CTA
8. Footer (links to social, main nav, live phone number)



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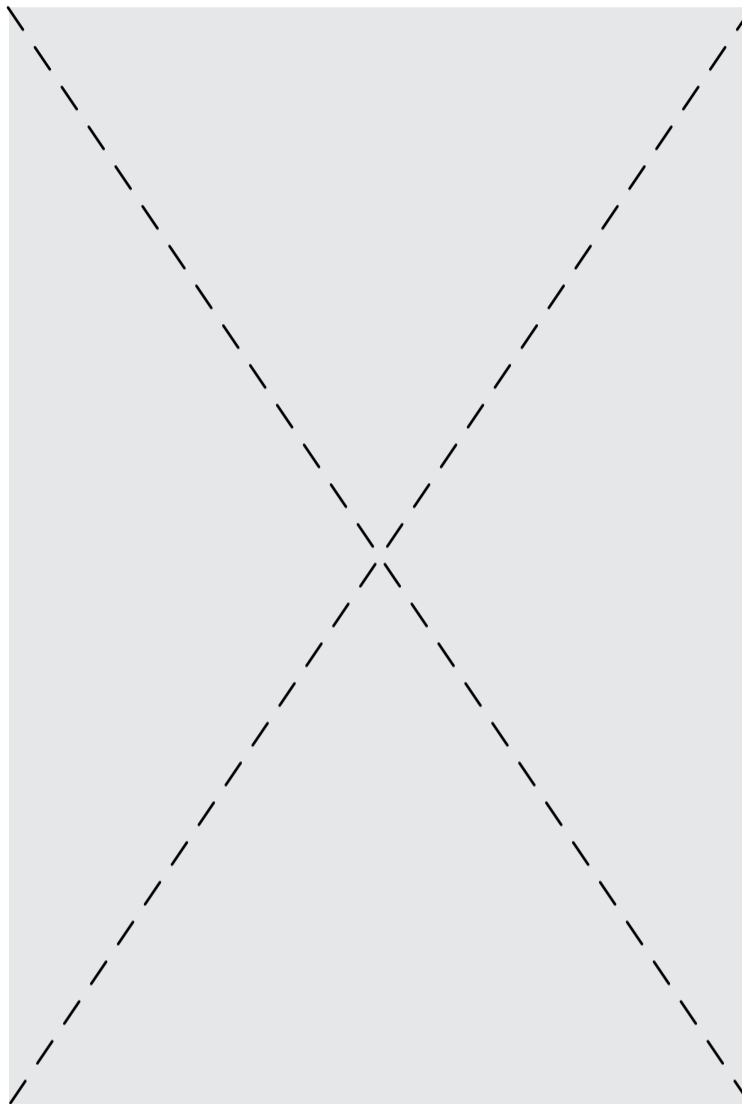
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2 ABOUT CARRI
THERAPIES
BOOK APPT
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Therapies 4

- MANUAL THERAPY
- MYOFASCIAL RELEASE
- JOINT MOBILIZATION
- SCAR MASSAGE
- VISCERAL MANIPULATION
- CRANIAL SACRAL
- S.T.E.P.
- INDIVIDUAL YOGA
- PERSONAL TRAINING
- RUNNING REHAB
- NEURO REHABILITATION

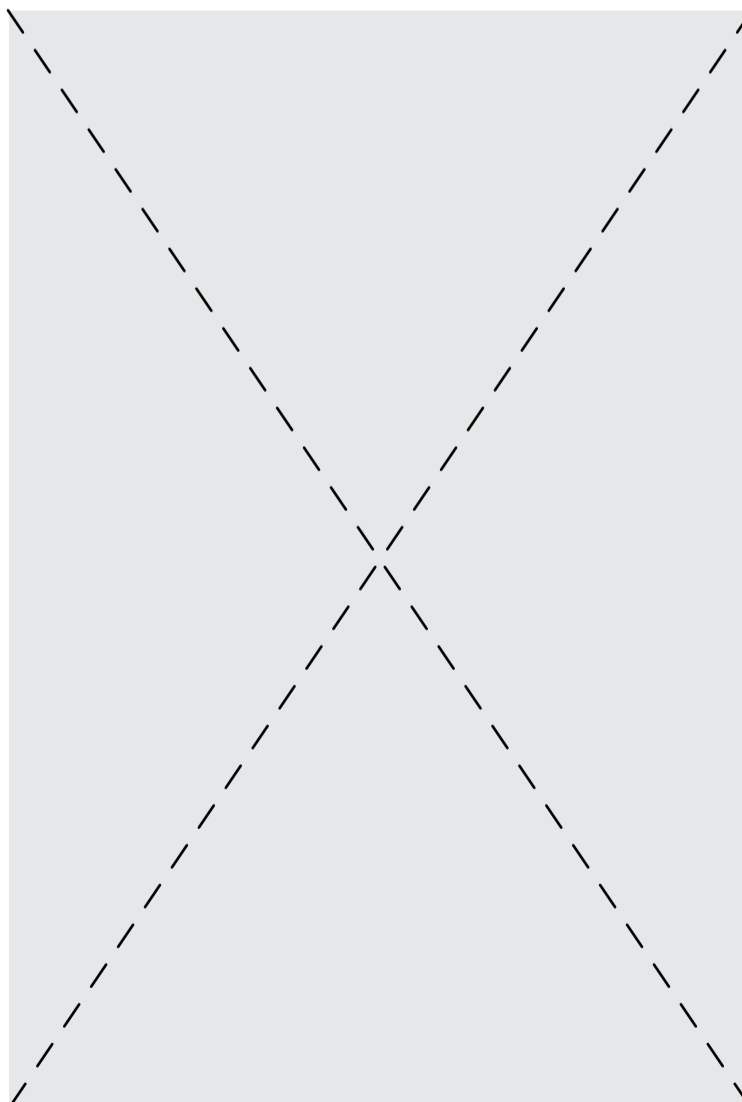
Manual Therapy 5



GENTLE MANIPULATION THAT FOCUSES ON JOINT WELLNESS.

Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullamcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies.

Myofascial Release



MYOFASCIAL RELEASE HELPS THE BODY TO MOVE FREELY.

Fusce vitae sem nunc. Morbi a porttitor nulla, a fringilla tellus. Ut dapibus consectetur sapien vitae fringilla. Ut aliquam aliquam purus. Aliquam a sodales ex, in molestie nisi. Pellentesque eget consequat lacus, sit amet ullamcorper libero. In hac habitasse platea dictumst. Praesent ac elit nisl. Quisque ipsum mauris, accumsan sed leo ut, consequat accumsan lectus. Integer a

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2. Main Nav with sub nav
3. Link to Book / live phone number / Social Links
4. Therapies Offered (when clicked, links take you to area of “Therapies” page)
5. Therapy Photo / Description
6. Footer (links to social, main nav, live phone number)



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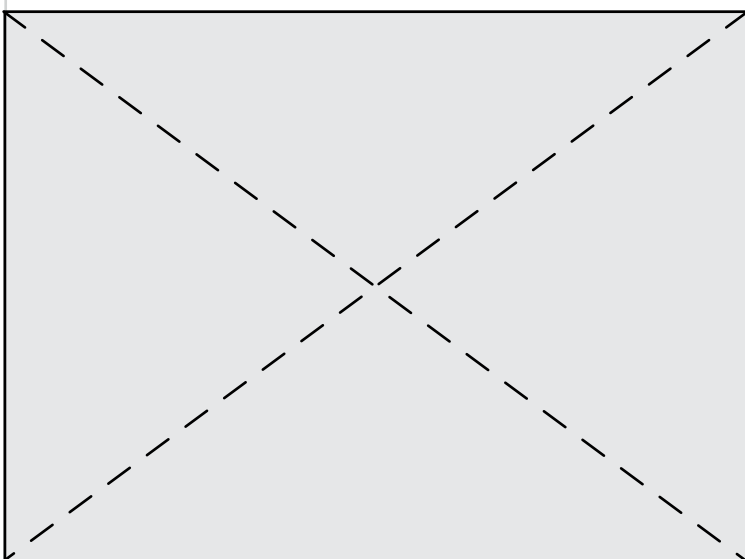
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ABOUT CARRI
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CONTACT

INSURANCE
TESTIMONIALS
FAQ

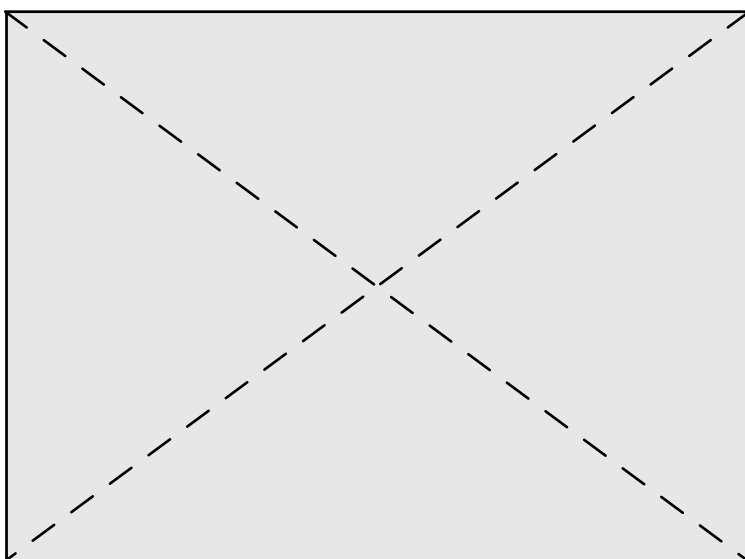
Bend To Mend Stories

Stories of patients inspired by Carri's approach to therapy



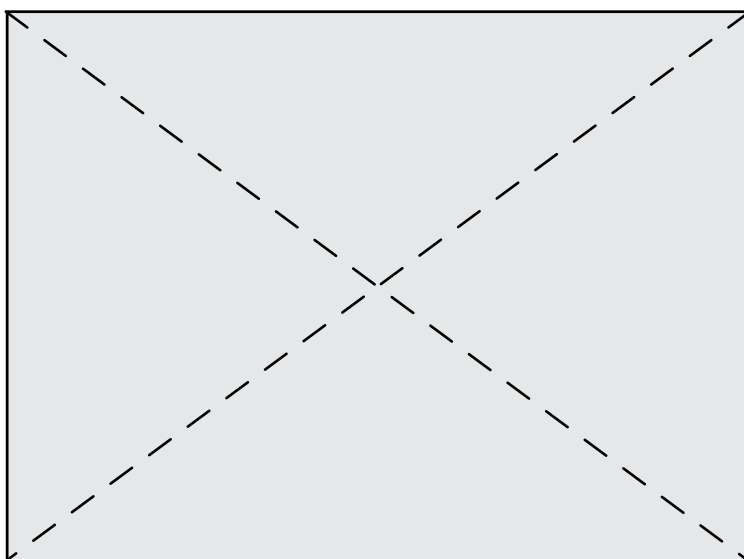
Rachel Cole
GREENLAKE, WA

“ Proin a maximus mi. Nullam vitae ex ut purus dapibus mattis tristique eget ipsum. Quisque in nunc quis lacus vestibulum tristique.”



Steven George
WEST SEATTLE, WA

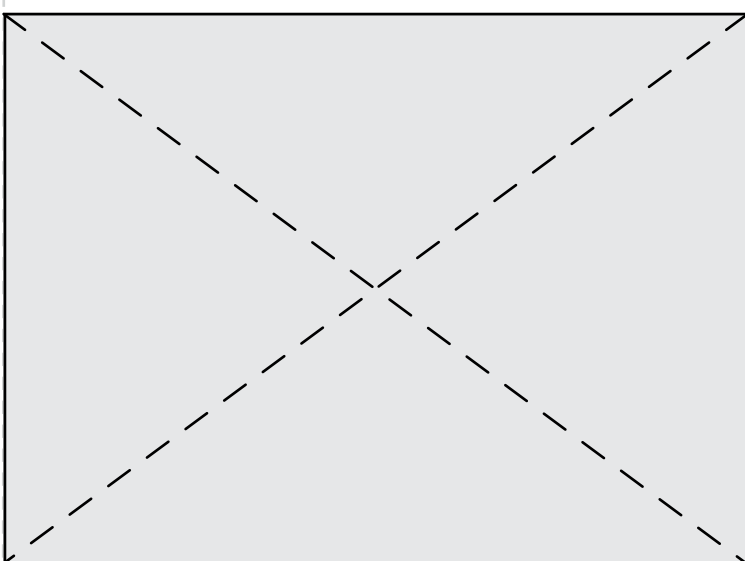
“ Aliquam a sodales ex, in molestie nisi. Pellentesque eget consequat lacus, sit amet ullamcorper libero. In hac habitasse platea dictumst. Praesent quam eget diam scelerisque.”



Kelly Wright
MAPLE LEAF, WA

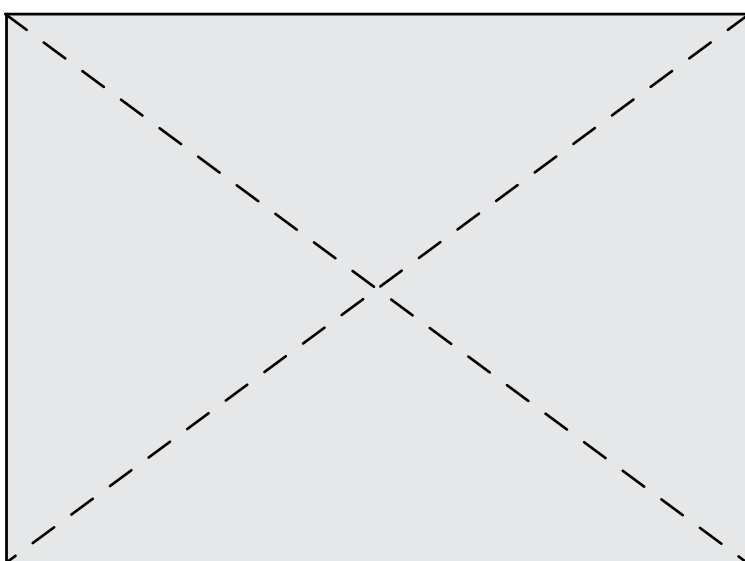
“ Quisque ipsum mauris, accumsan sed leo ut, consequat accumsan lectus. Integer a bibendum odio. Vestibulum venenatis aliquam ultrices.”

Aliquam lobortis, purus sit amet molestie vulputate, orci mauris efficitur orci, eget scelerisque enim leo malesuada nulla. Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullamcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies. Aenean tempus est in lorem suscipit etim porttitor. In cursus nunc turpis, id ullamcorper er euismod quis. Vivamus vitae euismod sem. Maecenas sit amet pulvinar magna.



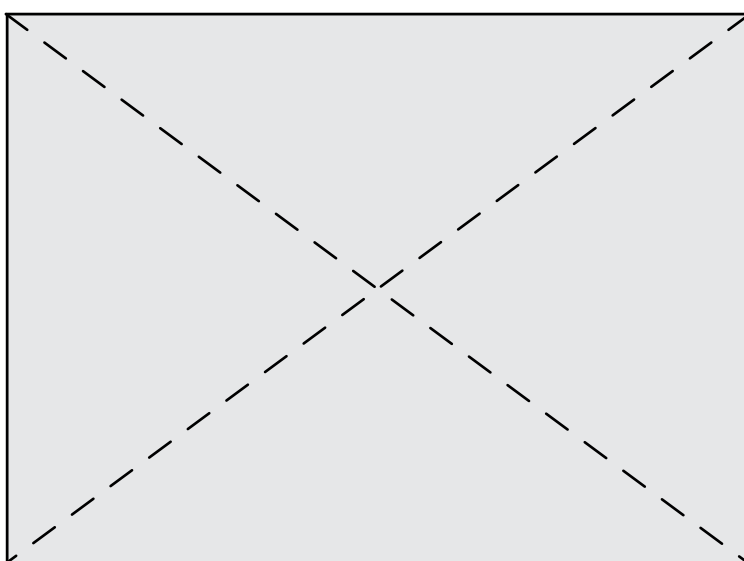
David Jones
BALLARD, WA

“ Nullam eget interdum nulla. Ut condimentum erat quis scelerisque blandit. Vivamus ligula enim, malesuada ac feugiat sit amet, consequat non murad.”



Natalie Smith
GREENWOOD, WA

“ Fusce vitae sem nunc. Morbi a porttitor nulla, a fringilla tellus. Ut dapibus consectetur sapien vitae fringilla. Ut aliquam aliquam purus.”



Alisa Johnson
WALLINGFORD, WA

“ Sed sit amet lacinia dolor. Integer sem felis, tincidunt vel euismod iaculis, dignissim accumsan metus. Aenean sit amet interdum diam. Cras gravida vitae libero id gravi.”

Annotations

1. Bend To Mend Logo (clickable link)
2. Main Nav with sub nav
3. Link to Book / live phone number / Social Links
4. Patient Testimonials / Photos
5. Footer (links to social, main nav, live phone number)



(LOGO)

BEND TO MEND

Physical Therapy

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(INTRO PHOTO)

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NEW PATIENT

Vivamus ligula enim, malesuada ac feugiat sit amet, consequat non dui pulvinar magna.

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Medical Form

HOLISTIC HEALING APPROACH

Aliquam lobortis, purus sit amet molestie vulputate, orci mauris efficitur orci, eget scelerisque enim leo malesuada nulla. Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullamcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies. Aenean tempus est in lorem suscipit etim porttitor. In cursus nunc turpis, id ullamcorper euismod quis. Vivamus vitae euismod sem. Maecenas sit amet pulvinar magna.

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8. Footer (links to social, main nav, live phone number)



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2



ABOUT CARRI

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PATIENT SERVICES

BLOG

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4 (INTRO PHOTO)

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NEW PATIENT

Vivamus ligula enim, malesuada ac feugiat sit amet, consequat non dui pulvinar magna.

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Medical Form

HOLISTIC HEALING APPROACH

Aliquam lobortis, purus sit amet molestie vulputate, orci mauris efficitur orci, eget scelerisque enim leo malesuada nulla. Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullatcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies. Aenean tempus est in lorem suscipit etim porttitor. In cursus nunc turpis, id ullamcorper er euismod quis. Vivamus vitae euismod sem. Maecenas sit amet pulvinar magna.

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Therapies

MANUAL THERAPY

MYOFASCIAL RELEASE

JOINT MOBILIZATION

SCAR MASSAGE

3

(GATEWAY NAV)

VISCERAL MANIPULATION

CRANIAL SACRAL

S.T.E.P.

INDIVIDUAL YOGA

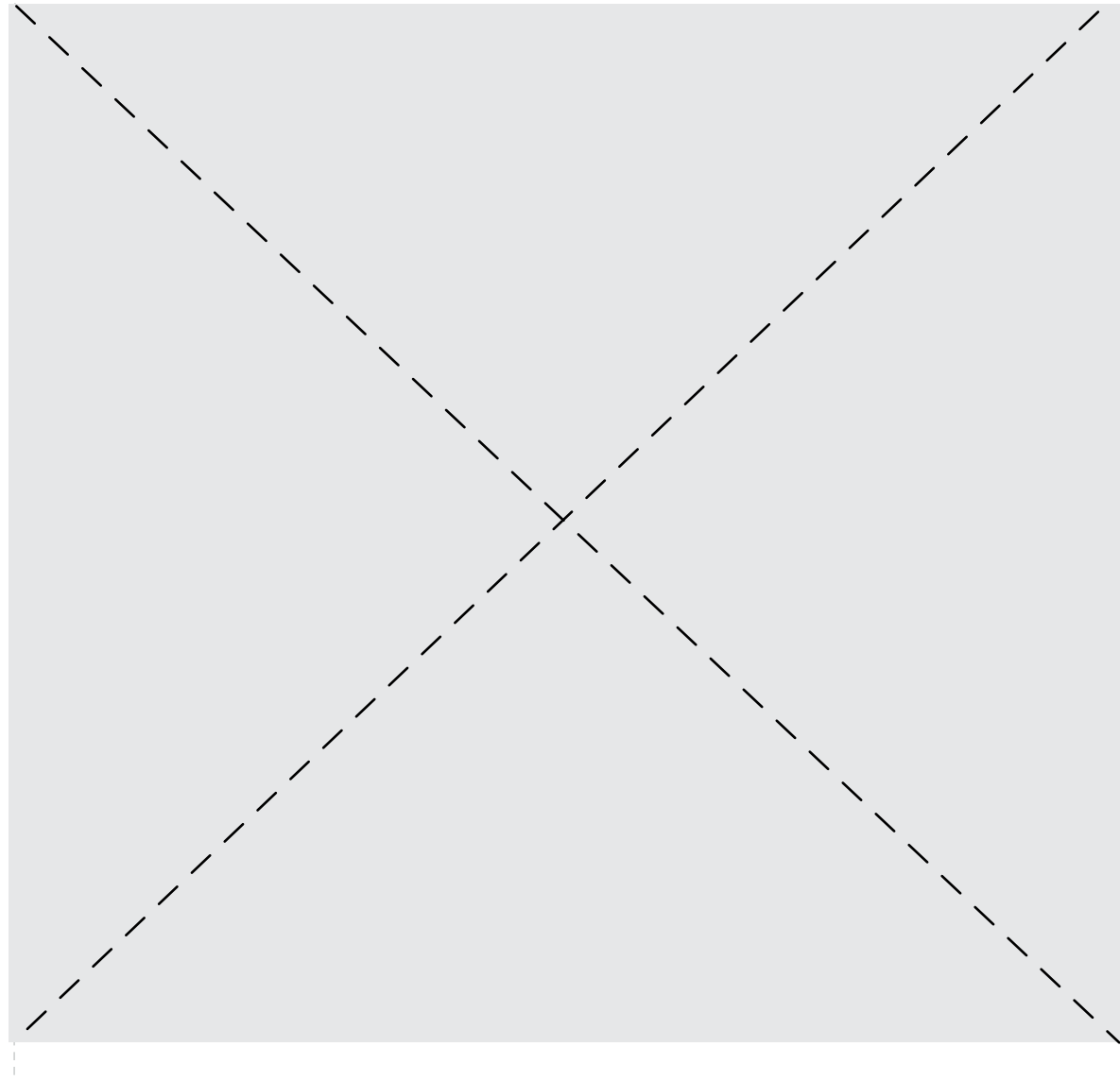
PERSONAL TRAINING

RUNNING REHAB

NEURO REHABILITATION

Manual Therapy

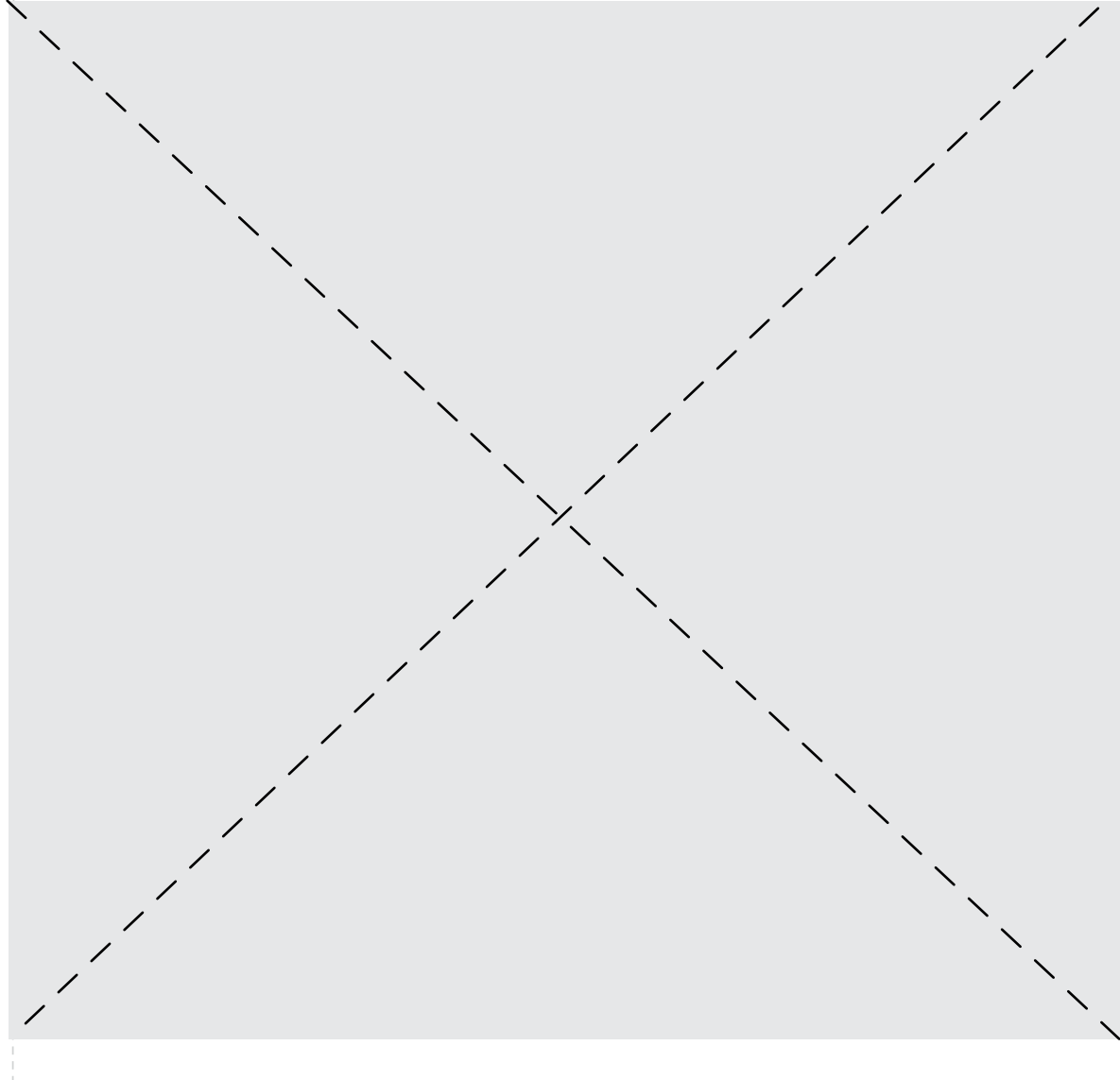
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GENTLE MANIPULATION THAT FOCUSES ON JOINT WELLNESS.

Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullatcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies.

Myofascial Release



MYOFASCIAL RELEASE HELPS THE BODY TO MOVE FREELY.

Nam sed dolor nonsan purus faucibus aliquam vel eget eros. Aliquam sed diam ac nisi ullatcorper dignissim vitae eget orci. In sed dolor congue, luctus dolor quis, facilisis purus. In aliquam turpis id felis volutpat, nec vestibulum neque est posuere. Aenean in elit ac lorem convallis aliquet. Duis lacinia ipsum id sit amet tellus varius ultricies.

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2. Main Nav for drop down menu
3. Gateway Navigation for “Therapies”
4. Therapy Photos / Descriptions
5. Footer (links to social, main nav, live phone number)

TESTIMONIALS

Bend To Mend Stories

Stories of patients inspired by Carri's approach to therapy

Rachel Cole

GREENLAKE, WA

“ Proin a maximus mi. Nullam vitae ex ut purus dapi-
bus mattis tristique eget ipsum. Quisque in nunc
quis lacus vestibulum tristique. ”

Steven George

WEST SEATTLE, WA

“ Aliquam a sodales ex, in molestie nisi. Pellen-
tesque eget consequat lacus, sit amet ullamcorper
libero. In hac habitasse platea dictumst. Praesent
quam eget diam scelerisque. ”

Aliquam lobortis, purus sit amet molestie vulputate, orci
mauris efficitur orci, eget scelerisque enim leo malesua-
da nulla. Nam sed dolor nonsan purus faucibus aliquam
vel eget eros. Aliquam sed diam ac nisi ullatcorper
dignissim vitae eget orci. In sed dolor congue, luctus
dolor quis, facilisis purus. In aliquam turpis id felis vo-
luptat, nec vestibulum neque est posuere. Aenean in elit
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cipit etim porttitor. In cursus nunc turpis, id ullamcorper
er euismod quis. Vivamus vitae euismod sem. Maecenas
sit amet pulvinar magna.

Kelly Wright

MAPLE LEAF, WA

“ Quisque ipsum mauris, accumsan sed leo ut, conse-
quat accumsan lectus. Integer a bibendum odio.
Vestibulum venenatis aliquam ultrices. ”

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3. Testimonials / Photos
4. Testimonial content
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